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This Guiding year, the theme is Moovin' and Groovin'. You can use your unit meeting space or a wide-open space to do this challenge, just as long as everyone has a little room to move!

Every good workout starts with a comfortable stretch. Open your campfire and stretch your vocal cords with familiar and easy tunes. Move on to the warm up to start moving and then save your peak activity and volume for songs from the cardio section. You can monitor your heart rate before settling down to start the skits and stories. The cool down and closing stretches are there to round out your campfire until next time.

If you wish and have Image Release (IR.1) permission, you can show off your moves using the hashtags #ontarionunavutgirlguides or #LetGirlsGuide on all social media platforms. Tag us on Facebook @GirlGuidesONNV, Twitter @girlguidesonnv or Instagram @girlguidesonnv.

Requirements:

Sparks (eight songs)

- Sing one song from each section: Opening Stretches, Closing Stretches
- Sing two songs from each section: Warm up, Cardio, Cool Down
- Make up actions to a favourite song of your choice OR select and present a story or skit from the Monitor Heart Rate section

Brownies (ten songs)

- Sing two songs from each section: Opening Stretches, Closing Stretches
- Sing two songs from each section: Warm up, Cardio, Cool Down
- Make up actions to a favourite song of your choice OR select and present a story or skit from the Monitor Heart Rate section

Guides (twelve songs)

- Sing two songs from each section: Opening Stretches, Closing Stretches
- Sing two to three songs from each section: Warm up, Cardio, Cool Down
- Make up actions to a favourite song of your choice
- Select and present a story or skit from the Monitor Heart Rate section

Pathfinders/Rangers (sixteen songs + teach three songs)

- Sing three songs from each section: Opening Stretches, Closing Stretches
- Sing two or three songs from each section: Warm up, Cardio, Cool Down
- Make up actions to a favourite song of your choice
- Select or make up and present a story or skit from the Monitor Heart Rate section
- Lead a younger branch in at least three songs, each from a different section



SOS Campfire

Opening Stretches (Opening, familiar songs, rounds)

- Australian Campfire Opening
- The More We Get Together
- If You are Happy and You Know It
- Row Row Row Your Boat

Warm Up (Unifying, new songs)

- Head and Shoulders
- 40 Years on an Iceberg
- Baby Bumblebee
- Tiro/Promise

Cardio (Fun and Nonsense songs)

- Hokey Pokey
- Alice the Camel
- Aunt Grete
- Auntie Monica
- If I were not a Girl Guide

Monitor Heart Rate (Skits and Stories)

- Lion Hunt
- Arms Up
- Animal Fair
- World Centres Participation Story
- "Left, Right" Interactive Story
- The Little Green Ball

Cool Down (Reflective Songs)

- Waddlee Atcha
- My Bonnie Lies over the Ocean
- Boa Constrictor

Closing Stretches (Closing Songs)

- Ram Sam Sam
- Barges
- I want to Linger
- Softly Falls

TAPS





Australian Campfire Opening

Diamond Jubilee Songbook, page 22.

Can be sung as a round, with additional groups coming in at *

Sit round the campfire, now night is here

All birds are resting, no one is near

* Clap with your hands and tap with your feet, now

Sway oh so gently, keep with the beat

Oh-oh-oh-i-i, Oh-oh-oh-i

Oh-oh-oh-i-i, Oh-oh-oh-i

Actions:

After verse 3: Clap your hands and stomp your feet.

After verse 4: Sway with the beat.





The More We Get Together

Jubilee Songbook, page 47.

The more we get together
Together, together
The more we get together
The happier we'll be.

For your friends are my friends
And my friends are your friends
The more we get together
The happier we'll be.

Actions:

Verse 1-4: Put your arms around neighbors and sway back and forth.

Verse 5: Point outwards when saying "your friends", point to yourself when saying "my friends".

Verse 6: Point to yourself when saying "my friends", point outwards when saying "your friends".

Verse 7-8: Put your arms around neighbors and sway back and forth.





If You're Happy and You Know It

Girl Guide Songbook, Vol. 1, page 5.

If you're happy and you know it, clap your hands!
If you're happy and you know it, clap your hands!
If you're happy and you know it,
And you really want to show it,
If you're happy and you know it, clap your hands!

If you're happy and you know it, stamp your feet!
If you're happy and you know it, stamp your feet!
If you're happy and you know it,
And you really want to show it,
If you're happy and you know it, stamp your feet!

If you're happy and you know it, jump around!
If you're happy and you know it, jump around!
If you're happy and you know it,
And you really want to show it,
If you're happy and you know it, jump around!

If you're happy and you know it, shout hooray!
If you're happy and you know it, shout hooray!
If you're happy and you know it,
And you really want to show it,
If you're happy and you know it, shout hooray!





Row Row Row Your Boat

Retrieved from http://dragon.sleepdeprived.ca/songbook/songs2/s2_25.htm, Author Unknown.

Row, row, row your boat
Gently down the stream
Merrily, merrily, merrily, merrily
Life is but a dream.

Actions:

Pretend to be rowing.





Head and Shoulders

Musical Fun With The Brownie Pack, page 55.

Head and shoulders, knees and toes, knees and toes
Head and shoulders, knees and toes, knees and toes--(*hold as melody going down*)
Eyes, ears, mouth and nose,
Head and shoulders, knees and toes, knees and toes.

Actions:

Point to body parts as you sing them.





Forty Years on an Iceberg

Retrieved from http://dragon.sleepdeprived.ca/songbook/songs2/s2_25.htm, Author Unknown.

Forty years on an iceberg
Over the ocean wide
Nothing to wear but pajamas,
Nothing to do but slide
The wind was cold and icy,
Jack Frost began to bite
I had to hug my polar bear
To keep me warm at night, night, night, night...
(Repeat and each time hum another line instead of singing it).

Actions:

- Verse 1: make #10 with your hands four times.
- Verse 2: make a wave motion with hands.
- Verse 3: slide hands up body from toes to head.
- Verse 4: slide hands down body from head to toes.
- Verse 5: shiver, arms around body.
- Verse 6: pinch neighbors.
- Verse 7: hug neighbors.





Baby Bumble Bee

Retrieved from "The World's Best Funny Songs" (1988) by Ester J. Nelson.

I'm bringing home my baby bumble bee
Won't my mommy be so proud of me
I'm bringing home my baby bumble bee
Ooh eee it stung me!

I'm squishing up my baby bumble bee
Won't my mommy be so proud of me
I'm squishing up my baby bumble bee
Ooh eee it's all over me!

I'm licking up my baby bumble bee
Won't my mommy be so proud of me
I'm licking up my baby bumble bee
Ooh eee he's inside of me!

I'm (throwing up noise) my baby bumble bee
Won't my mommy be so proud of me
I'm (throwing up noise) my baby bumble bee
Ooh eee it's on the floor!

I'm sweeping up my baby bumble bee
Won't my mommy be so proud of me
I'm sweeping up my baby bumble bee
Ooh eee my mommy loves me!

Actions:

Verse 4: hold arm.

Verse 5: squish hands together.

Verse 8: open hands and look at them.

Verse 9: pretend to lick your hands.

Verse 12: point to stomach.

Verse 13: pretend to throw up.

Verse 16: look down and point.

Verse 17: pretend to sweep.

Verse 20: make a heart with hands.





TIRO/PROMISE

Songs for Canadian Girl Guides, page 20.

TIR; TIR; TIRO
TIR; TIR; TIRO
O; O; O; O
(repeat going faster)

PRO, PRO, MISE
PRO, PRO, MISE
Promise, Promise to Keep
(repeat going faster)

Actions:

Before singing, everyone puts their arms around the shoulders of their neighbours and their right foot over their neighbour's left foot.

Verse 3 and 6: After singing, bend down, up, down, up.





Hokey Pokey

Retrieved from http://dragon.sleepdeprived.ca/songbook/songs3/S3_26.htm, Author Unknown.

You put your (right hand) in.
You pull your (right hand) out.
You put your (right hand) in,
And you shake it all about.
You do the hokey pokey,
And you turn yourself around.
That's what it's all about!
(Repeat using different body parts!)





Alice the Camel

Retrieved from "The Worm Song and Other Tasty Tunes" (1993) by Janet Wilson

Alice the camel has ten humps
Alice the camel has ten humps
Alice the camel has ten humps
So go Alice go! Boom boom boom

...repeat counting down until...
Alice the camel has no humps
Alice the camel has no humps
Alice the camel has no humps
Because Alice is a horse!

Actions:

Everyone puts their arms around the shoulders of their neighbours. After each line, and singing the number of humps, everyone bends their knees together. After singing "boom boom boom", everyone bumps bums with their neighbours!





My Aunt Grete

Jubilee Songbook, page 43.

My Aunt Grete, veeda veeda vete, has a puss, veeda veeda vusee,
And that puss, veeda veeda vuss, has a tail...
And that tail, veeda veeda vail, has a curl veeda veeda vurl,
And that curl veeda veeda vurl has a tip, comma...
And that tip, veeda veeda vip, has a curl, veeda veeda vurl
And that curl, veeda veeda vurl, has a tail...
And that tail, veeda veeda vail, has a puss veeda veeda vuss,
And that puss, veeda veeda vuss has my aunt!

Actions:

When singing "Aunt Grete", outline a woman.
When singing "Puss", outline a cat's face with whiskers.
When singing "Tail, sweep one arm up, as if tracing a tail.
When singing "Curl", draw a curl in the air.
When singing "Tip", point to an invisible spot.
When singing "Comma", draw a comma in the air.





Auntie Monica

Jubilee Songbook, page 46.

Oh, I have an auntie, an Auntie Monica
And when she goes shopping, they all say "Ooh-la la!"
Because her feathers swinging, her feather's swinging so
Because her feathers swinging, her feather's swinging so

Oh, I have an auntie, an Auntie Monica
And when she goes shopping, they all say "Ooh-la la!"
Because her hat is swinging, her hat is swinging so,
Because her hat is swinging, her hat is swinging so,
Because her feathers swinging, her feather's swinging so
Because her feathers swinging, her feather's swinging so

Other Verses:

Because her muff is swinging, her muff is swinging so...
Because her skirt is swinging, her skirt is swinging so...
Because my aunt is swinging, my aunt is swinging so...

Actions:

When singing "feather swinging", wave hand back and forth above head.
When singing "hat swinging", using both hands, swing an invisible wide-brimmed hat.
When singing "muff swinging", hands together in front of you, swing arms.
When singing "skirt swinging", sway invisible skirts around your legs.
When singing "aunt swinging", swing your whole body!





If I Were Not A Girl Guide

Retrieved from http://dragon.sleepdeprived.ca/songbook/songs4/S4_10.htm, Author Unknown.

Sing the Chorus in between each verse

Chorus:

If I were not a Girl Guide, the next thing I would be
If I were not a Girl Guide...

Verse 1: A dolly I would be... hug me, kiss me, take me home

Verse 2: A truck driver I would be... Oh dear, can't steer, put this silly thing in gear!
(repeat verse 1)

Verse 3: A window washer I would be... Window washer, window washer, not a speck of dirt
(repeat verse 2 and 1)

Verse 4: A carpenter I would be... Two by four, nail it the floor
(repeat verse 3, 2, 1)

Verse 5: A butcher I would be... Grab the chicken, grab the chicken, ring its silly neck
(repeat verse 4, 3, 2, 1)

Verse 6: A birdwatcher I would be... Hark! A lark! Flying through the park!
(repeat verse 5, 4, 3, 2, 1)

Verse 7: A Pathfinder I'd be (sing slowly)

Actions:

Verse 1: hug yourself and blow a kiss.

Verse 2: drive an imaginary truck.

Verse 3: move hands around and around, then "spit".

Verse 4: stomp your foot to the beat.

Verse 5: pretends to grab a chicken, then tie a rope around.

Verse 6: point to the sky.

Verse 7: wave "jazz" hands.





The Little Green Ball

Retrieved from https://dragon.sleepdeprived.ca/songbook/songbook_index.htm,
Author Unknown.

First guide comes on and says "Oh no! I've lost it!". She then starts to search around on the floor. Second guide comes in and asks what she is looking for. First guide replies that she has lost her little green ball. Both guides continue searching the floor. Several more guides come on and are told about the lost little green ball. Even members of the audience can be persuaded to join in the search. After enough time has been dragged out, the first guide, sticks a finger up her nose and says, "Don't worry, I can make another one!"





"Left, Right" Interactive Story

Retrieved from

https://dragon.sleepdeprived.ca/games/participation_stories/participation_stories.htm, created by Dorothy Crocker, revised by the 1st Oxford Mills Guides.

TO PLAY: Girls stand in a circle. Several small prizes wrapped, or bags are distributed evenly around the circle in front of the girls. The leader reads the following story. Every time the words LEFT or RIGHT are read, each girl takes a step in that direction. At the end of the story, the girl standing in front of the gift gets to open it.

The girls were excited when they LEFT for Guides that first night. Jenny and Carol had been Brownies together, but Lori had never been a Brownie. They turned RIGHT at the corner where the school was. Lori said, "Which is the RIGHT door to go in?" Jenny pointed LEFT and said, "Look, there's a trefoil on that one! That means Guides!" She was RIGHT. Inside was a big sign, covered with trefoils, that said, "Welcome to Guides!" You've come to the RIGHT place!"

Some older Guides came down the hall. They put out their LEFT hands. Shyly, Jenny and Carol extended their LEFT hands, so Lori thought she'd better stick out her LEFT hand too. They all shook LEFT hands. The girls said, "C'mon this way, through the next door on your RIGHT."

A Guider checked their names off on a list and stuck a name tag on the LEFT side of their shirts. Jenny noticed she was LEFT-handed. Jenny always noticed when somebody was LEFT-handed because she was the only LEFT-handed member in her family.

Some girls were skipping; some were playing catch, some were doing a puzzle and the rest were making friendship bracelets, following directions on a poster RIGHT on the wall behind them. Jenny and Lori went to the puzzle-making group and LEFT Carol to make up her mind what to do.

"Please sit RIGHT down in a circle here," called a Guider. They played a game to introduce themselves. It involved rolling a ball RIGHT and LEFT, across the circle and RIGHT and LEFT. It LEFT everyone laughing.

Then she asked what the Guide motto was, and the old Guides all shouted, "Be Prepared!" "RIGHT!" said the Guider. "Tell me one way you are prepared." "I know how to make dinner without help," said one. "RIGHT!" said the Guider. "I'm prepared for Guides because I never forget my program book." "RIGHT!" said the Guider. "I know what to do if fire breaks out."

"RIGHT!" "When you LEFT your pen at home, I had an extra one to lend you." "RIGHT! I remember when I LEFT home without it." "I know the RIGHT way to unfold a wheelchair, so I can help someone who uses one." "That's a good skill to know," said the Guider. Jenny held her hand up and said, "I know the RIGHT places to park a car, so that people with a wheelchair sticker don't get LEFT without a parking spot." "RIGHT," said the Guider. There were lots more examples of how Guides could be prepared.





Jenny, Carol and Lori soon discovered that there were lots of LEFTs and RIGHTs. Shake hands with your LEFT hand. Make the Guide sign with your RIGHT hand. Tie your tie with a reef knot: LEFT over RIGHT and under, RIGHT over LEFT and under. Wear your badge scarf over your RIGHT shoulder, attach it at your LEFT side. LEFT, RIGHT, LEFT, RIGHT when you marched in horseshoe formation. Tie your shoes RIGHT so that you don't trip over the laces. Are you sure you haven't LEFT anything behind?

By the time the three friends LEFT Guides that evening, they were sure it was the RIGHT place to be every Monday night!





World Centres Participation Story

Retrieved from

https://dragon.sleepdeprived.ca/games/participation_stories/participation_stories.htm, created by Helen DeBruyn.

When the girls hear special words in the story, they need to do the accompanying action.

Sangam: bring hands together.

Pax Lodge: make peace symbol.

Our Cabana: Ole!

Our Chalet: yodel.

World: make a big circle with your arms.

Sisters: hug your neighbour (or yourself).

One day, Sarah came home from Brownies very, very excited, "Mom, I have SISTERS!" she yelled. Well this was news to mom! "Sarah," said mom, "you have a brother, a gerbil and two cats, but no SISTERS." But mom was wrong. Sarah had SISTERS all over the WORLD, and she had learned about them at her Brownie meeting! There are four WORLD Centres that are very special because they offer fun and friendship to Guiding SISTERS and visitors from all over the WORLD.

"I have a SISTER in India," explained Sarah. "She helps out in the flower garden at SANGAM. That name is very easy to remember because the first part is pronounced sun and India is a very hot country! Sometimes my SISTERS in Guiding show their guests songs, dances and crafts that are special to India. SANGAM means going together in Sanskrit." Mom was very impressed with Sarah's knowledge of the country in the eastern part of the WORLD. "Another SISTER lives in Mexico and sent us a postcard from OUR CABANA. It had a picture of a big building with a huge trefoil on the door. She told us all about the craft house and the swimming pool and the garden with the toadstool shaped lights!" Sarah thought OUR CABANA sounded wonderful! She especially liked that they provided games, treats and fiesta with a real piñata for visitors and children from the area.

In another part of the world is PAX LODGE in England. Pax is another word for peace. All of my SISTERS in Guiding can stay at PAX LODGE if they ever visit England!

Sarah continues, "I have another SISTER that takes visitors skiing when they visit OUR CHALET in Switzerland. OUR CHALET visitors present songs and stories about their own countries so their Guiding SISTERS can learn about all of the countries around the WORLD. OUR CHALET was the very first WORLD Centre.

"Each WORLD Centre has its own song and is special in its own way. But each WORLD Centre is the same too. It's for all Guiding SISTERS and offers fun and friendship from all around the WORLD!"

Sarah's mom smiled. She was glad that Sarah had found her SISTERS in Guiding; she didn't have extra bedrooms if there were her SISTERS at home!





Lion Hunt

Campfire Activities, page 79-80.

This is just one version of this popular echo story. The leader says a line and the group repeats it. Everyone keeps a 1, 2, 1, 2 rhythm by slapping their knees with alternate hands, too show walking between the obstacles. You can also do the knee slapping between other actions.

We're going on a lion on a
lion hunt,
Going to snap a big one (*mime taking a picture.*)
I'm not scared.
Is everybody ready?
Let's go! (begin knee slapping while you walk.)
I see a field of grass.
Can't go under it,
Can't go over it,
We'll have to go through it.
(*Rub your hands together with a swish, swish a few times, then resume "walking".*)
I see a river.
Can't go under it,
Can't go over it,
We'll have to swim through it.
(*Pretend to swim the river, then resume "walking".*)
I see a swan.
Can't go under it,
Can't go over it,
We'll have to go through it.
(*Make squishing noise with cupped hands or by sucking in on your cheeks, then resume "walking".*)
I see a tree.
Can't go under it.
Can't go over it,
We'll have to climb up it.
(*Mime tree climbing. At the top, shade your eyes with your hand and peer around.*)
See anything?
Nothing there.
(*"Climb" down the tree, then resume "walking".*)
I see a bridge.
Can't go under it,
Can't go around it,
We'll have to go across it.





(Thump your fists on your chest for a hollow sound, then resume “walking”).

I see a cave.

Let's go inside.

Shhh!

(Pat your knees very lightly as you “tiptoe” into the cave.)

(softly) It's cold in here.

It's dark in here

(cover your eyes with one hand.)

I can't see anything.

(grobe around with your hand.)

I feel something!

(scared) it's soft!

It's warm!

(very scared) It's furry!

(Pause, then yell.)

IT'S A LION!!!

(with or without using the words, repeat all the actions very quickly in reverse order, as you run home.)

(finally, much relieved) Safe at home!





Animal Fair

Campfire Activities, page 152.

A leader in the middle will point to a person and say one of the following. When a girl makes a mistake, she becomes the leader in the middle.

Elephant:

That person puts her hand straight out and is the trunk. The girls on either side of her must hold their hands up to make ears.

Whale:

Middle person puts her head up to spout water, the girls on either side make fins.

Giraffe:

Middle person holds her arms up high for a long neck, girls on either side put their arms down to make legs.

Rabbit:

Middle girl makes hands into long ears, girls on either side join their hands together behind the middle person's back to make a tail.

Duck:

Middle person makes a beak, girls on either side make wings.





Arms Up

Campfire Activities, page 152-153.

The leader points a finger at another player and says “Arms Up”. The player must immediately put her hands in the air, and the people on each side of her must also immediately put the hand closest to the middle person in the air. If a mistake is made, the person making it is eliminated and the people beside her must do her actions when required. Elimination can be indicated by the person standing with her arms crossed if the circle is standing or sitting with her feet out if the circle is sitting. The elimination step in this game is necessary to determine the eventual winners.





My Bonnie Lies Over the Ocean

Campfire Activities, page 118.

My Bonnie lies over the ocean,
My Bonnie lies over the sea.
My Bonnie lies over the ocean.
Oh bring back my Bonnie to me

My Bonnie lies over the ocean,
My Bonnie lies over the sea.
Well my Bonnie lies over the ocean.
Yeah bring back my Bonnie to me.
Yeah bring back, ah bring back,

Oh bring back my Bonnie to me to me.
Oh bring back, oh bring back,
Oh bring back my Bonnie to me.

Well my Bonnie lies over the ocean,
My Bonnie lies over the sea.
Yeah my Bonnie lies over the ocean.
Oh I said bring back my Bonnie to me.

Yeah bring back, ah bring back,
Oh bring back my Bonnie to me to me.
Oh bring back, ah bring back,
Oh bring back my Bonnie to me.





Wadlee Atcha

Campfire Activities, page 130.

Wadlee atcha,
 wadlee atcha,
 Doodley doo,
 doodley do,
 Wadlee atcha,
 Wadlee atcha,
 Doodley doo,
 Doodley do.
 It's the simplest thing,
 nothing else to it,
 All you gotta do
 is doodley doo it,
 I like the rest,
 but the part I like best,
 It goes doodley, doodley
 doodley, doodley
 doodley, doodley
 doo! Whoo!

Actions:

- Line 1: slap knees twice, clap hands twice.
- Line 2: scissor right hand over left twice, scissor left over right twice.
- Line 3: right fist taps left fist twice, left fist taps right fist twice.
- Line 4: wave thumb over right shoulder, wave thumb over left shoulder.
- Line 5: slap knees twice, clap hands twice.
- Line 6: scissor right hand over left twice, scissor left over right twice.
- Line 7: right fist taps left fist twice, left fist taps right fist twice.
- Line 8: wave thumb over right shoulder, wave thumb over left shoulder.
- Line 9: slap knees twice, clap hands twice.
- Line 10: scissor right hand over left twice, scissor left over right twice.
- Line 11: right fist taps left fist twice, left fist taps right fist twice.
- Line 12: wave thumb over right shoulder, wave thumb over left shoulder.
- Line 13: slap knees twice, clap hands twice.
- Line 14: scissor right hand over left twice, scissor left over right twice.
- Line 15: right fist taps left fist twice, left fist taps right fist twice.
- Line 16: right fist taps left fist twice, left fist taps right fist twice.
- Line 17: right fist taps left fist twice, left fist taps right fist twice.
- Line 18: raise hands up.





Boa Constrictor

Campfire activities, page 145.

Chorus:

I'm being eaten my a boa constrictor,
A boa constrictor, a boa constrictor
I'm being eaten by a boa constrictor
And I don't like it one bit

Verses:

Oh no he's got my toe
Oh gee he's got my knee
Oh my he's got my thigh
Oh yip, he's got my hip
Make Haste, he's got my waist
Oh darn he's got my arm
Oh fiddle, he's got my middle
That's grand, he's got my hand
That bum, he's got my thumb
Oh yes, he's got my chest
Oh heck he's got my neck
Hey Ted, he's got my head
(with face down) hmadaasdfmoondgs

Actions:

Hide the body part mentioned in each verse.





A Ram Sam Sam

Our Chalet Song Book II, page 16.

*Can be sung as a round with additional groups coming in at *.*

A Ram sam sam;
A Ram sam sam;
Gooli gooli gooli
A Ram sam sam
*A ravi a ravi
Gooli gooli gooli
A Ram sam sam

A Pizza Hut;
A Pizza Hut;
Kentucky Fried Chicken and
A Pizza Hut.
*McDonalds, McDonalds
Kentucky Fried Chicken and
A Pizza Hut.

Actions:

When singing "Pizza Hut", make a square with pointer fingers.

When singing "Kentucky Fried Chicken", hands to armpits, waving "wings".

When singing "McDonalds", make "M" with pointer fingers.





Barges

Jubilee Songbook, page 56.

Out of my window, looking in the night
I can see the barges flickering light
Silently flows the river to the sea
And the barges too go silently

Chorus:

Barges, I would like to go with you
I would like to sail the ocean blue
Barges, have you treasures in your hold
Do you fight with pirates brave and bold?

Out of my window, looking in the night
I can see the barges flickering light
Starboard shines green and port is glowing red
I can see them flickering far ahead

Repeat Chorus

Actions:

Verse 1: hand over brow, pretending to look for something.

Verse 2: closed fists, open hands.

Verse 3: make a wave motion.

Verse 4: finger over mouth.

Chorus verse 1: point outwards.

Chorus verse 2: make wave motions.

Chorus verse 3: open hands out together.

Chorus verse 4: punching.

Verse 9: hand over brow, pretending to look for something.

Verse 10: closed fists, open hands.

Verse 11: right hand out, left hand out.

Verse 12: closed fists open hands, point ahead.





Linger

Campfire Activities, page 146.

Sitting in a circle, this is a nice song to have arms around shoulders of neighbours and sway to the tune.

Hmmm, I want to linger
Hmmm, a little longer
Hmmm, a little longer here with you

Hmmm, it's such a perfect night
Hmmm, it doesn't seem quite right
Hmmm, that this should be my last with you

Hmmm, and come September
Hmmm, I will remember
Hmmm, our camping days and friendships true

Hmmm, and as the years go by
Hmmm, I'll think of you and sigh
Hmmm, this is good-night and not good-bye.





Softly Falls

Campfire Activities, page 127.

Softly falls the light of day
As our campfire fades away
Silently each Guide should ask
Have I done my daily task?
Have I kept my honour bright?
Can I guiltless sleep tonight?
Have I done and have I dared
Everything to be prepared?





TAPS

Girl Guide Songbook Vol. 1, page 35.

English

Day is done
Gone the sun
From the lake
From the hills
From the sky
All is well
Safely rest
Peace is nigh.

Français

C'est la nuit
Tout se tait
Sur les plaines
Les collines
Et les bois
C'est la paix
Tout est bien
La paix vient.

